



Hello Summer!

But first a quick business note reminding our community that the Town's Annual Budget Referendum Vote is **Tuesday, June 3rd from 8:00am - 8:00pm at Richmond Town Hall**. We encourage all residents to come out to vote. More information on page 2 and

<https://www.richmondri.com/CivicAlerts.aspx?AID=1732>

This month the Human Services Department is once again partnering with RI DEM and Farm Fresh RI to offer the Senior Farmers Market Nutrition Program for low-income seniors. Please find more information below.

We are also excited for our Math Matter's program to begin at Richmond Rec Summer Camp on June 30th. We wish all our campers and staff a great Camp Season!

The Senior Center has been adding many new activities, including a Craft Class and Summer Celebration, with new ideas and programs in the works.

Check out the Community Events Calendar to see if you're able to join!

In kindness,
Kate Schimmel, RN
Human Services Director



You will have a card with a QR code for SFMNP benefits.

You can purchase fresh, unprepared, locally grown fruits and vegetables, fresh-cut herbs, and honey.

At the time of purchase the farmer will scan the QR code on your card to verify available benefits.

To sign-up for a card or more information, contact 401-491-9824 or humanservices@richmondri.com

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Human Services Department

Town of Richmond, RI
(401) 491-9824

humanservices@richmondri.com

Follow us on Facebook:

[Human Services of Richmond, RI](#)

Tues: 9:00am - 2:00pm

Wed: 9:00am - 2:00pm

Thur: 9:00am - 2:00pm

RI Grown Food for Low-Income Seniors

Fewer than one-third of senior citizens in the United States eat the recommended amount of fruits and vegetables, which are vital to preventing and treating health problems. The Senior Farmers Market Nutrition Program provides eligible Rhode Island seniors access to healthful RI-grown foods provided by local farmers. Seniors receive a benefit card preloaded with \$50 that can be used at eligible farmers markets and farm stands in exchange for local produce, herbs, and honey. SFMNP Benefit Cards will be distributed throughout the state beginning on June 1, 2025, and can be used from June 1 to November 30, 2025.

Affordable access to fruits and vegetables is important to a healthy lifestyle. Benefits of fruits and vegetables include:

- Vitamins and minerals, to protect bone and eye health.
- Fiber, to help prevent disease and maintain bowel health
- High water content, to help keep you hydrated.

Locally grown fruits and vegetables are often fresher when sourced directly from local farmers than those sold in the traditional marketplace. Fresh food is more delicious, and locally sourced food supports our local community and the families of local farmers.



STATE OF RHODE ISLAND
COUNTY OF WASHINGTON
TOWN OF RICHMOND

WARNING FOR ANNUAL BUDGET REFERENDUM

BY: The Town Clerk of the Town of Richmond, Rhode Island
TO: The Town Sergeant of the Town of Richmond or any Constable of the Town

GREETINGS:

Pursuant to Article 5, Section 3 of the Richmond Home Rule Charter, you are hereby required to post a written notification warning the qualified electors of the Town of Richmond that the Annual Budget Referendum will take place on Tuesday, June 3, 2025 between 8:00 A.M. and 8:00 P.M. at the Richmond Town Hall at 5 Richmond Townhouse Road for the purpose of voting on a budget for the 2025- 2026 fiscal year. You are required to post this warning at the Richmond Town Hall, at the Clark Memorial Library, and at the Richmond Police Station no later than May 21, 2025.

The following question will appear on the ballot:

EXPLANATION TO THE VOTER:

To approve the proposed budget, vote Yes.

To reject the proposed budget, vote No.

Shall the Richmond Municipal Budget for FY25/26, as adopted by the
Town Council, be approved?

- Yes
 No

The proposed budget is available for viewing on the Town of Richmond website, www.richmondri.com. The proposed budget may also be examined at the Office of the Town Clerk on weekdays between 9:00 A.M. and 4:00 P.M.

Given under my hand and seal this 12th day of May 2025.

Erin F. Liese, CMC
Richmond Town Clerk

Posted on Richmond.com May 12, 2025

Posted Physical Copies at Town Hall, Police Station, and Clarke Memorial Library on May 12, 2025
Published May 18, 2025, Westerly Sun



June

Town of Richmond Community Events

6/03

United Way Van

All Welcome

The 211-Van is a rolling office filled with a wealth of information & knowledgeable staff to answer questions about housing, SNAP, Medicare, Medicaid, job training and much more! They are a great resource to our community. Please stop by if you or someone you know could use assistance in any way.

12:00pm - 3:00pm

Chariho Plaza Parking Lot

Wednesdays
6/4, 6/11, 6/18, 6/25

Community Bingo

All Welcome!

Join us for this relaxed, welcoming, multigenerational fun. Come meet, chat and play bingo with fellow community members! This program is led by the adult students in the EWG Transitional Program. Hosted by: Richmond Human Services, Exeter Social Services, Wellbeing Collaborative and students from the EWG Transitional Program

10:00am - 11:30am

YMCA Community Room

6/10

ARDC in Richmond

All Adults Welcome.

The Aging and Disability Resource Center will be in Richmond by appointment to provide support and answer questions about insurance, home-based support, and other programs supporting older adults, adults with disabilities or their caregivers.

11:00am - 2:00pm

YMCA Community Room

To schedule an appointment:
401-491-9824

humanservices@richmondri.com

6/17

Craft Class at Senior Center

All Older Adults

Join members of the Senior Center for this free class. Sign-up preferred. Contact Dennis at 401-491-9404.

Hosted by: Richmond Senior Center

1:00pm

Richmond Senior Center

6/21

Summer Celebration

All Older Adults

This summer celebration luncheon is more than just a sandwich and dessert; it's an opportunity to reconnect, rejoice, and revel in the beauty of the season with your friends.

Hosted by: Richmond Senior Center

12:00 - 2:00pm

Richmond Senior Center

Ticket entry: \$5.00 per person

RSVP required by June 16th

Contact Dennis at

401-491-9404

06/30

Richmond Rec Summer Camp Begins!

We're excited to host our campers again this year along with our Math Matters program!

Senior Farmers Market Nutrition Cards

The Human Service Dept is providing \$50 cards for RI Farmer's Markets for low-income seniors.

ENJOY THE SUMMER





Are you age 55 or older, an adult living with a disability, or a caregiver? Do you have a question about opportunities available to you?

Trained counselors are able to help RI residents in-person make informed decisions and streamline access to services and supports for older adults, adult with disabilities and their caregivers.

ADRC comes to **Richmond** the **2nd Tuesday of each month**. They are available for private meetings to tailored individual needs and circumstances.

Tuesday, June 10th
11:00am - 2:00pm
By appointment



**Arcadia Branch
Community Room**

1190 Main St. Wyoming, RI 02898

Valuable Info and More

- ✓ Person centered option counseling
- ✓ Information and referral on SHIP, MIPPA and SMP programs
- ✓ Long-term care information and application assistance
- ✓ Information on subsidies to obtain low cost medication (RIPAE), SNAP, Medicaid and other publicly funded programs



All Welcome to book an appointment.
Please contact: Richmond Human Services



401-491-9824



humanservices@richmondri.com



Let's Celebrate Summer

Come join us at Richmond Senior Center as we welcome the summer season

Saturday, June 21st 12pm – 2pm

This summer celebration luncheon is more than just a sandwich and dessert; it's an opportunity to reconnect, rejoice, and revel in the beauty of the season with your friends.

Lunch is only \$5.00 per person

Limited seating

To reserve your seat, call Dennis @ 491-9404 by June 16th





HOPE VALLEY-WYOMING FIRE DISTRICT



Senior Advocates - Ron Mowchan & Bill Day

June 2025

June is busting out all over. Something to think about before you head outdoors to work in the yard, enjoy sports, or nature is that you are physically fit. Hopefully, during the winter months, you exercised to stay in shape. Things to be concerned about can be as simple as raking your yard and twisting your back or shoveling dirt. Rest frequently and always stay hydrated. Use sunscreen to prevent any burns. Check for ticks when you get back inside. Always keep your cell phone with you. Wear the proper clothing to perform your task. Quit when you get tired. There will always be tomorrow (hopefully).

Sporting activities are opening this month. If you are hiking, always tell someone where you are going and when you plan to return. Wear the proper hiking clothing, carry your cell phone, use insect spray, and stay hydrated.

Beaches are opening. Swim only at guarded beaches. Always watch young children closely and wear sunscreen and the proper covering to prevent burns, heat, or sunstroke. Alcohol and Drugs do not mix well with water!

Fire never takes a day off. Warmer weather means the brush will dry out faster. Use caution when burning outdoors or cooking on open fires. Always have a water supply close by. Call 911 if you cannot get the fire under control. Remember, you only have 2-3 minutes to get out and stay out. To delay is to pay! Have a meeting post! Call 911!

Big news! Excitement! It's Hurricane Season! From June 1st to November 30th. The forecast for this year is for 17 named storms, and 9 of those may become hurricanes. Can we expect one to visit us? In case here are some things to consider:

1. Have at least a ½ gallon of water per household member per day.
2. Make sure you have plenty of prescription medicine.
3. Have 3-5 days' worth of non-perishable foods such as peanut butter and canned goods.
4. Flashlights and spare batteries
5. First Aid kit
6. Full tank of fuel in all automotive vehicles and generators.

Important Dates:

June 6th - D Day Anniversary (1944)
June 14th - Birthday of the US Army (1775)
June 14th - Flag Day
June 15th - Father's Day (Required)
June 19th - Juneteenth
June 25th - Start of Korean War (1950)
June 28th - 1st Day of Summer

We can all experience stress in our lives. If you need to talk to someone, call your medical provider or 988.

Thought of the Month:

Do not mess with old people. We don't get to this age by being stupid!
Have a Stress-Free June!



STATE OF RHODE ISLAND
Executive Department
**GOVERNOR'S COMMISSION ON
DISABILITIES**

John O. Pastore Center, 41 Cherry Dale Court
Cranston, RI 02920-3049
[website] www.disabilities.ri.gov

Employment Webinar Series:

Sherlock Center

Tuesday June 3, 2025, from 5:30 -7:00 pm.

"You Can Work with Benefits!"

<https://myemail.constantcontact.com/Free-presentation---You-Can-Work-with-Benefits---.html?soid=1111688353412&aid=cZki3v1JKwg>

(registration is required for this webinar)

Governor's Commission on Disabilities

Tuesday June 10, 2025, from 5:30 -7:00 pm.

"Employment Reasonable Accommodations"

<https://www.google.com/url?q=https://us06web.zoom.us/j/84587947195?pwd%3D9JXOoQktFUj3sMhuevGoK6K6NRT1S3.1&sa=D&source=calendar&ust=1747257338464768&usq=AOvVaw0Ook7AUACRNSoTFov0phdj>

Adaptive Telephone Equipment Loan Program & Services for the Blind and Visually Impaired

Tuesday June 17, 2025, from 5:30 -7:00 pm.

"Assistive Technology in the Workplace "

<https://www.google.com/url?q=https://us06web.zoom.us/j/84587947195?pwd%3D9JXOoQktFUj3sMhuevGoK6K6NRT1S3.1&sa=D&source=calendar&ust=1747257338464768&usq=AOvVaw0Ook7AUACRNSoTFov0phdj>

Office of the General Treasurer & the Developmental Disabilities Council

Tuesday June 24, 2025, from 5:30 -7:00 pm.

"Financial Independence Featuring ABLE Accounts"

<https://www.google.com/url?q=https://us06web.zoom.us/j/84587947195?pwd%3D9JXOoQktFUj3sMhuevGoK6K6NRT1S3.1&sa=D&source=calendar&ust=1747257338464768&usq=AOvVaw0Ook7AUACRNSoTFov0phdj>



If communication assistance (readers/interpreters/captioners), or any other accommodation is needed to ensure equal participation, please contact the Commission at least three (3) business days prior to the meeting so arrangements can be made to provide such assistance at no cost to the person requesting it.

With support from the New England ADA Center

All Assistance

211 - By dialing 211 from your Phone you can reach free, confidential resource information service. Your call is answered by a trained professional. One call connects you with the appropriate resources you need in your community. It is efficient, fast, and easy to use. 211 is available 24 hours a day, 7 days a week, 365 days a year. Translation services available in many languages.

Housing

RI Coordinated Entry System (CES): If you find yourself in need of "Emergency Housing", are you currently homeless or facing homelessness, the first step should be to contact CES at 401-277-4316. They will assist in finding an appropriate shelter and provide case management services for permanent housing.

WARM Center: WARM is the only provider of comprehensive shelter and social services to adult men and women in South County, RI & Southeastern, CT

401-596-9276

Web: <https://warmcenter.org>

Rhode Island Housing Phone: RI Housing works to ensure that all people who live in Rhode Island can afford a healthy home that meets their needs. They offer information on affordable housing, homebuyer education, rental and mortgage assistance programs. 401-457-1234

Web: www.rihousing.com

Food

RICAN - Offers programs year-round to give you the support and resources you need to get back on your feet. Guests can visit our food pantry once a week & may also have access to free clothing items. Pantry hours are as follows:

Wednesday

9:30am – 11:30am - Drive Thru Only

5:30pm – 6:30pm - Drive Thru Only

Thursday

9:30am – 11:30am - In-Store Shopping Only

Friday

2:00pm – 3:00pm - Drive Thru Only

For more information please contact:

401-364-9412

<https://www.rhodeislandcan.org/>

Pantry on the Lane - The Pantry on the Lane is a food assistance program serving anyone in need in the Southern R.I. area- no questions asked. They are located at 70 Bowling Lane, Bradford, RI and are open on Saturdays from 8am - 12pm. For more information call 401-465-7745.

The Jonnycake Center of Westerly - The Jonnycake Center of Westerly is proud to offer a client-choice service model for its Food Pantry. Every 30 days clients have the option to come to our Pantry and select food for themselves (with the optional assistance of a Pantry volunteer).

Qualified residents may receive a one-week supply of food for their household every thirty days. To sign-up contact 401-377-8069 option 1.

Web: <https://jonnycake.org>

Meals on Wheels - Our mission is to meet the nutritional and other special needs of older adults and other eligible populations in order to help them maintain their independent lifestyles. MOW offers home-delivered meals as the only nonprofit meal delivery program of its kind in Rhode Island, serving approximately 1,312 seniors daily. MOW phone number is 401-351-6700

Web: www.rimeals.org

CONNECTION



SUPPORT



COMMUNITY

For more information feel free to reach out to The Human Services Department:

401-491-9824

humanservices@richmondri.com

Older Adult Resources

Office of Healthy Aging (OHA): As Rhode Island's designated state unit on aging, OHA empowers older Rhode Islanders (age 55+) and adults living with disabilities to age strong. Along with many partners, OHA connect you to information and resources in the community to help.

401-462-4444

Web: <https://oha.ri.gov>

RI Elder Info: Rhode Island's central source for all information and resources regarding care for the elderly. 401-585-0509

Web: <https://rielderinfo.com>

RI Alzheimer's Association: Serving all of Rhode Island, the Alzheimer's Association Rhode Island Chapter is here to help. We provide education and support to all those facing Alzheimer's and other dementias throughout our community, including those living with the disease, caregivers, health care professionals and families.

800-272-3900

Web: www.alz.org/ri

Southern Rhode Island Volunteers'

(SRIV): SRIV's mission is to support older citizens by providing aging-in-place services for those in need, by providing meaningful volunteer engagement opportunities, and activities that promote and enhance independent living for mature individuals including seniors, disabled adults, and anyone interested in volunteer service opportunities in their community.

401-552-7661

Web: www.southernrivol.org

Crisis and Mental Health Support

Call or Text 988 - NATIONAL MENTAL HEALTH HOTLINE If you are in a crisis 24/7- you can call or text 988 on your phone and be connected with a trained counselor in Rhode Island.

988 is connected to BH LINK - BH Link is a behavioral health facility designed to provide immediate assistance to a person in crisis by providing innovative crisis intervention services, and connecting people to ongoing treatment and care.

www.bhlink.org

Kids RI - From the Executive Office of Health and Human Services, this site provides a variety of healthy developmental resources and behavioral health services for children & youth.

<https://kids.ri.gov/>

KidsLinkRI - a free, confidential, 24/7 phone line for parents and caregivers. An experienced clinician can help callers access children's services in Rhode Island and determine the best place for children's treatment and counseling.

24/7 Call: 1-855-543-5465

<https://www.brownhealth.org/centers-services/kids-link-ri>

Prevent Overdose RI - This website provides timely data to track progress toward ending Rhode Island's overdose crisis. It includes information and ways to get help.

<https://preventoverdoseri.org/>

National Alliance on Mental Health RI - Rhode Island's chapter of the National Alliance on Mental Illness, is here to help. NAMI RI meets you where you are and helps you connect with others who understand, because they've been down a similar path themselves.

401-331-3060

Web: <https://namirhodeisland.org>

