



Hello October!

The Town of Richmond is excited to host our first Fall Festival on October 19th from 1-5pm at the Richmond Town Hall! It's sure to be a fun-filled afternoon of Live Music, Performances, Food Trucks, Pumpkin & Face Painting, Games, Animals, a Pop-up Farmers Market, Local Vendors & Non-profits, a Community Scarecrow competition and more! Come Celebrate Fall and our Community!

A reminder as we head into October and the colder months, the Low-Income Heating and Energy Assistance Program (LIHEAP) is available for those having difficulty keeping up with the increase cost of heating and energy bills. Applications can be submitted starting **October 1st** through Tri-County Community Action by calling (401) 515-2432.

With Kindness,
Kate Schimmel, RN
Human Services Director

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Human Services Department

Town of Richmond, RI
(401) 491-9824

humanservices@richmondri.com

Follow us on Facebook:

[Human Services of Richmond, RI](#)

Tues: 9:00am - 2:00pm

Wed: 9:00am - 2:00pm

Thur: 9:00am - 2:00pm



DVRC
Domestic Violence Resource Center
of South County

**OCTOBER IS
DOMESTIC
VIOLENCE
AWARENESS
MONTH**

Help support survivors of domestic violence. Scan the QR code to donate to the DVRC and make a difference today.



This month, we invite our Rhode Island community to:

- Learn the signs of abuse
- Speak out against violence
- Support survivors with compassion & respect
- Share resources so others know they are not alone

Together, we can build a safer Rhode Island.

~ From DVRC of South County



**FALL
2025
FESTIVAL**

October 19
Richmond Town Hall
1pm - 5pm

FREE ENTRY
Scarecrow Competition
Craft Vendors
Food Trucks
Games and more!

Musical Guest: No Exit Four



Scan for Scarecrow Competition Rules and Registration

FARM FRESH RI
A HUB FOR LOCAL FOOD SINCE 2004

Follow the Richmond Recreation Commission on Facebook for updates!

October



Town of Richmond Community Events

10/01

Crafting Class

All Older Adults Welcome!
With grant funds the Richmond Senior Center will be hosting Crafting Classes. Come get creative and enjoy this free class!

12:00pm

Richmond Senior Center
1168 Main St, Wyoming
2nd floor (above the Police Station)
Must register by Calling Dennis at:
401-491-9404 or
communitycenter@richmondri.com

09/07

United Way Van

All Welcome!
The 211-Van is a rolling office filled with a wealth of information & knowledgeable staff to answer questions about housing, SNAP, Medicare, Medicaid, job training & more! They are a great resource to our community. Stop by if you or someone you know could use assistance in any way.

12:00pm - 3:00pm
Chariho Plaza Parking Lot

Every Wednesday

10/1, 10/8, 10/15, 10/22, 10/29

Community Bingo

All Welcome!
We're looking forward to re-starting this relaxed, welcoming, multigenerational fun. Come meet, chat and play bingo with fellow community members! This program is led by the adult students in the EWG Transitional Program. Hosted by: Richmond Human Services, Exeter Social Services, Wellbeing Collaborative and students from the EWG Transitional Program

10:00am - 11:30am
YMCA

10/09

ATEL Tech Time

All Older Adults Welcome!
A representative from the ATEL program will be available once a month for a FREE 30-minute one-on-one session to answer your questions and/or teach you how to use technology and/or your devices to the fullest.

9:00am - 11:00am

By appointment

To schedule an appointment:
401-491-9824 or
humanservices@richmondri.com

10/19

Richmond Fall Festival

All Welcome!
Come join the Town of Richmond as we celebrate Fall and our Community. They'll be food trucks, local vendors, non-profits, a pop-up farmer's market, face- & pumpkin painting, live-music and more!

Rain or Shine

1:00pm - 5:00pm

Richmond Town Hall

For more information follow at:

[Richmond Recreation](#)

[Commission](#)



10/22

Flu Vaccine Clinic

All Adults Welcome!
Free Walk-in Flu Vaccine Clinic hosted by Wood River Health.

Please bring:

-Photo ID

-Insurance Card (if insured)

9:00am - 1:00pm

Richmond Senior Center
1168 Main St, Wyoming
2nd floor (above the Police Station)
Questions? Call 401-539-2461

**Richmond
Sr Center**

Crafting



**NO
Cost**

**12 PM
10/01/25**



RSVP: 401-575-0752

Let's get creative!

**1168 Main St. 2nd FL
Richmond, RI 02898**



Community Bingo

Wednesdays starting late Sept/early Oct.

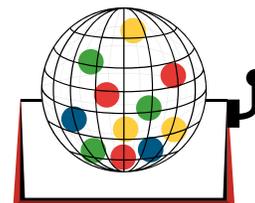
10:00 - 11:30 am

**Play bingo & socialize
in a casual, welcoming environment**

**Games led by the young adult students in the
EWG Transition Program.**



1190 Main St
Wyoming, RI



Questions? Contact Amy Neilson, amy@wellbeingcollab.org, 401-212-2741

**Presented in partnership with
Exeter Dept of Social Services, Richmond Dept of Human Services,
Exeter-West Greenwich Transition Program & the Wellbeing Collaborative**



Free Walk-In Flu Vaccine Clinic at the Richmond Senior Center

FLU VACCINE CLINIC

WEDNESDAY

OCTOBER 22, 2025

9:00 AM - 1:00 PM

1168 Main Street, 2nd Floor

Wyoming, RI 02898

Questions? Call 401.539.2461
or visit WoodRiverHealth.org

All Adults Welcome

No appointment necessary. Please bring with you:

- Photo ID
- Insurance Card (if insured)



WOOD RIVER HEALTH
Caring for Our Community Since 1976



HOPE VALLEY-WYOMING FIRE DISTRICT

Senior Advocates – Ron Mowchan & Bill Day

October 2025

We look forward to the change of seasons each year. Suddenly, summer is over, and here we are entering Autumn. The season never takes a vacation from safety and emergencies. This could be why another word for Autumn is “Fall”. People will be cleaning up their yards, getting ready for winter. Lots to do and so little time. I remember in the “olden days” when teens would come around and bargain to rake leaves, not anymore! Wet leaves on stairs and walkways are slipping and falling hazards. A few words of caution: if you feel you can’t do it, hire someone. Call Boy Scouts, churches, senior centers, and even high schools. Many have groups that can help. If you take on the task yourself, dress appropriately, keep hydrated, wear insect repellent, and keep your cell phone with you.

School has started! Obey the posted speed laws. Stop for school buses with red flashing lights. Even emergency vehicles are required to stop. Make sure the area is clear of children before proceeding. Look before luring a corner, watch for children darting between parked cars. Keep your windows clear of frost.

Some days you may feel the need to use a space heater to get the chill out of your house. Before you use one, make sure all the wires are not worn or frayed. Never use an extension cord. Keep the heater away from combustible objects. NFPA studies indicate you have only 3-4 minutes to vacate your house in the event of an uncontrolled fire. Get out! Stay out! Call 911!

Cooking causes 49% home fires. Heating equipment causes 14% of house fires, and faulty wiring causes 10%. In the event of a home evacuation emergency, ensure someone assists disabled persons and children. Have a meeting place planned ahead of time. Have your address clearly marked. Another important thing to do is to ensure your chimney is cleaned before you fire up the woodstove.

November 2nd, we return to standard time. Remember to wake up at the start of 2 am and fall back for 1 hour. This way you get an extra hour of sleep...Also, make sure your smoke and CO Alarms are installed correctly and replace their batteries. Now you have made use of the extra hour you earned.

Volunteerism for fire and EMS is key to benefiting the community. The volunteer fire department in the US has saved taxpayers approximately 47 billion dollars per year. To learn more about fire safety tips and how you, as an individual, can help, visit the Hope Valley – Wyoming Fire District Open House on Saturday, October 18th, from 10-1. There will be fire truck rides and activities for the children.

Dates to remember:

October – Breast Cancer Awareness Month

October 10th – World Mental Health

October 13th – Columbus Day

October 13th – Navy Birthday 1775

October 28th – National 1st Responders Day

October 31st – Hallowe'en – Check treats for unknown substances

Thought for the month:

You know you are old when happy hour is a nap!

Have a safe and stress-free October!

WOOD RIVER HEALTH GIVING TREE



HELP

Do you knit, crochet or sew?
Does your group take part in
community projects?
Scouts, Senior Centers?
Knitting Groups?
Can you pick up a few items
from sale racks or online?

Needed

Mittens, Gloves, Hats,
Socks & Scarves
New Materials,
Wash & Dryable.
Any Color, Any Size.
For Infants to Seniors.

Bring items to the reception counter at Wood River Health Services during business hours from October 1st - March 31st to benefit patients from ALL areas of the county through several locations. Wood River Health Services located at 823 Main St. Hope Valley, RI 02832



DVRC
Domestic Violence Resource Center
of South County

GEMS & JEWELRY POP-UP SHOPS

**PRE-OWNED JEWELRY AT AMAZING PRICES
OVER 4,500 PIECES DONATED!**

Earrings • Rings • Pins • Pendants • Bangles • Bracelets • Beads • Belts • Hoops •
Cufflinks • Chokers • Toe Rings • Watches • Pearls • Vintage • Gemstones • Silver •
Gold • Trinkets • Brooches • Cuffs • Bling • Native American Designs • Gothic •
Antique • Seashells • Necklaces • Charms • Chains • Classic • Statement Pieces •
Baubles • Chunky • Geometric • Costume • "Ice" • Anklets • Studs • Bohemian • Estate

This fall, your donations will be featured at our curated GEMS & JEWELRY
Expert assessment and evaluation advice was provided by Bartone Jewelry in Wakefield, Precision
Watch and Fine Jewelry in Narragansett, Samantha at CreoVis and Westerly Enterprises.

UPCOMING POP-UP SHOWS

Sunday, October 12 | 11 AM – 4 PM

The Prohibition Room, General Stanton Inn

4115 Old Post Road, Charlestown, Rhode Island

Spend \$10+ and receive 10% off food in the Tavern

Sunday, October 19 | 1 PM – 5 PM

Richmond Fall Festival – On the Porch

5 Richmond Townhouse Road, Richmond, Rhode Island

Wednesday, October 22 | 11 AM – 2 PM

University of Rhode Island – Memorial Union Building

50 Lower College Road, Kingston, Rhode Island

PRICES START AT \$1.00 | CASH AND VENMO ACCEPTED.

For more information you can email the event chair Mickey Ranalli at MizMsez@gmail.com.

It's never too early to think about home heating.

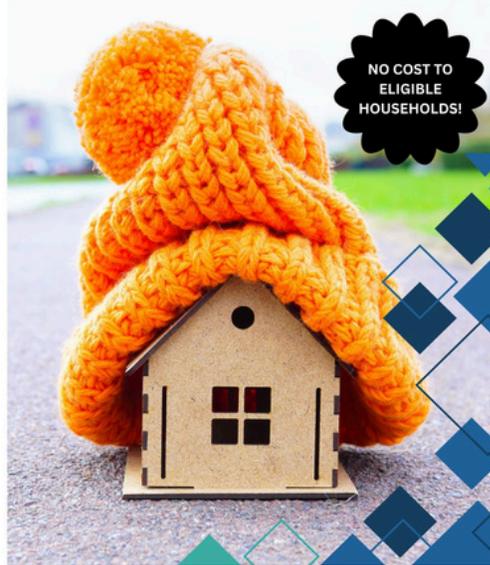
The Tri-County LIHEAP Program can help cover the cost of your home heating bills.

Must meet income eligibility. Home owners and renters are encouraged to apply.

Contact us today!

(401)519-1913

 Tri-County
Community Action Agency
www.TriCountyRI.org



Starting
October 1st

Call
(401) 515-2432
for information
or to see if you
qualify



Holiday Sign-Ups Have Begun!

sign up to receive gift cards for holiday grocery shopping and gift shopping for families with children

SIGN UP DEADLINE IS OCTOBER 31st

MUST BE A CLIENT OF THE JONNYCAKE CENTER OF WESTERLY AND SPECIFIC DOCUMENTATION IS REQUIRED. PLEASE CALL 401-377-8069 X101 FOR MORE INFORMATION.



NAMI Rhode Island provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives.

Learn how we can best support you at namirhodeisland.org



WEBINAR

RIPIN

RIPIN SELF-DIRECTED SUPPORT PROGRAM PRESENTS

RHODE ISLAND'S ABLE

Financial Tools for People with Disabilities

- What an ABLE account is and who qualifies
- How it works to protect eligibility for Medicaid and SSI
- The tax advantages and qualified expenses it covers

OCTOBER 21ST | 6:00 - 7:00 PM | ZOOM

Did you know the Achieving a Better Life Experience Act of 2014 created tax-advantaged savings accounts for people with disabilities?

The RIPIN Self-Directed Support Program is hosting a free webinar on October 21, 6-7 PM with RI's ABLE Program to help individuals with disabilities, families, and caregivers learn:

- ✓ How ABLE accounts work
- ✓ What expenses they cover
- ✓ How they protect access to benefits like Medicaid and SSI

Register today: bit.ly/RIPINABLE

All Assistance

211 - By dialing 211 from your Phone you can reach free, confidential resource information service. Your call is answered by a trained professional. One call connects you with the appropriate resources you need in your community. It is efficient, fast, and easy to use. 211 is available 24 hours a day, 7 days a week, 365 days a year. Translation services available in many languages.

Housing

RI Coordinated Entry System (CES): If you find yourself in need of "Emergency Housing", are you currently homeless or facing homelessness, the first step should be to contact CES at 401-277-4316. They will assist in finding an appropriate shelter and provide case management services for permanent housing.

WARM Center: WARM is the only provider of comprehensive shelter and social services to adult men and women in South County, RI & Southeastern, CT

401-596-9276

Web: <https://warmcenter.org>

Rhode Island Housing Phone: RI Housing works to ensure that all people who live in Rhode Island can afford a healthy home that meets their needs. They offer information on affordable housing, homebuyer education, rental and mortgage assistance programs.

401-457-1234

Web: www.rihousing.com

Food

RICAN - Offers programs year-round to give you the support and resources you need to get back on your feet. Guests can visit our food pantry once a week & may also have access to free clothing items. Pantry hours are as follows:

Wednesday

9:30am – 11:30am - Drive Thru Only

5:30pm – 6:30pm - Drive Thru Only

Thursday

9:30am – 11:30am - In-Store Shopping Only

Friday

2:00pm – 3:00pm - Drive Thru Only

For more information please contact:

401-364-9412

<https://www.rhodeislandcan.org/>

Pantry on the Lane - The Pantry on the Lane is a food assistance program serving anyone in need in the Southern R.I. area- no questions asked. They are located at 70 Bowling Lane, Bradford, RI and are open on Saturdays from 8am - 12pm. For more information call 401-465-7745.

The Jonnycake Center of Westerly - The Jonnycake Center of Westerly is proud to offer a client-choice service model for its Food Pantry. Every 30 days clients have the option to come to our Pantry and select food for themselves (with the optional assistance of a Pantry volunteer).

Qualified residents may receive a one-week supply of food for their household every thirty days. To sign-up contact 401-377-8069 option 1.

Web: <https://jonnycake.org>

Meals on Wheels - Our mission is to meet the nutritional and other special needs of older adults and other eligible populations in order to help them maintain their independent lifestyles. MOW offers home-delivered meals as the only nonprofit meal delivery program of its kind in Rhode Island, serving approximately 1,312 seniors daily. MOW phone number is 401-351-6700

Web: www.rimeals.org

CONNECTION



SUPPORT



COMMUNITY

For more information feel free to reach out to The Human Services Department:

401-491-9824

humanservices@richmondri.com

Older Adult Resources

Office of Healthy Aging (OHA): As Rhode Island's designated state unit on aging, OHA empowers older Rhode Islanders (age 55+) and adults living with disabilities to age strong. Along with many partners, OHA connect you to information and resources in the community to help.

401-462-4444

Web: <https://oha.ri.gov>

RI Elder Info: Rhode Island's central source for all information and resources regarding care for the elderly. 401-585-0509

Web: <https://rielderinfo.com>

RI Alzheimer's Association: Serving all of Rhode Island, the Alzheimer's Association Rhode Island Chapter is here to help. We provide education and support to all those facing Alzheimer's and other dementias throughout our community, including those living with the disease, caregivers, health care professionals and families.

800-272-3900

Web: www.alz.org/ri

Southern Rhode Island Volunteers'

(SRIV): SRIV's mission is to support older citizens by providing aging-in-place services for those in need, by providing meaningful volunteer engagement opportunities, and activities that promote and enhance independent living for mature individuals including seniors, disabled adults, and anyone interested in volunteer service opportunities in their community.

401-552-7661

Web: www.southernrivol.org

Crisis and Mental Health Support

Call or Text 988 - NATIONAL MENTAL HEALTH HOTLINE If you are in a crisis 24/7- you can call or text 988 on your phone and be connected with a trained counselor in Rhode Island.

988 is connected to BH LINK - BH Link is a behavioral health facility designed to provide immediate assistance to a person in crisis by providing innovative crisis intervention services, and connecting people to ongoing treatment and care.

www.bhlink.org

Kids RI - From the Executive Office of Health and Human Services, this site provides a variety of healthy developmental resources and behavioral health services for children & youth.

<https://kids.ri.gov/>

KidsLinkRI - a free, confidential, 24/7 phone line for parents and caregivers. An experienced clinician can help callers access children's services in Rhode Island and determine the best place for children's treatment and counseling.

24/7 Call: 1-855-543-5465

<https://www.brownhealth.org/centers-services/kids-link-ri>

Prevent Overdose RI - This website provides timely data to track progress toward ending Rhode Island's overdose crisis. It includes information and ways to get help.

<https://preventoverdoseri.org/>

National Alliance on Mental Health RI - Rhode Island's chapter of the National Alliance on Mental Illness, is here to help. NAMI RI meets you where you are and helps you connect with others who understand, because they've been down a similar path themselves.

401-331-3060

Web: <https://namirhodeisland.org>



Fall
is in the
air