



Hello November!

First a big **Thank You** to all our Richmond volunteers, town staff, non-profits, business', donors and residents who came together to make our First Richmond Fall Festival a successful event! We are already looking forward to our annual **Tree Lighting Festival coming on December 5th from 5pm - 8pm at the Richmond Town Hall.** Keep a look-out for future updates!

With lots of uncertainty regarding federally funded programs, we have been gathering information and resources for our residents. Please find these added resources starting on page 9, including local and state food resources.

If you would like to chat about or need additional resources regarding your own circumstances, please don't hesitate to reach out to us.

In Thanks,
Kate Schimmel, RN
Human Services Director

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Human Services Department

Town of Richmond, RI
(401) 491-9824

humanservices@richmondri.com

Follow us on Facebook:

[Human Services of Richmond, RI](#)

Tues: 9:00am - 2:00pm

Wed: 9:00am - 2:00pm

Thur: 9:00am - 2:00pm

Important: Getting Help While SNAP Benefits Are on Hold



Due to the federal government shutdown, SNAP benefits may not be issued on November 1. The McKee Administration is coordinating with partners in philanthropy to get additional resources to local food banks. For families with children who are eligible for Temporary Assistance for Needy Families (TANF) benefits as well as SNAP benefits, the State of Rhode Island will be adding a partial payment to your EBT card to help you cover grocery costs in the short term.

What Should I know

- October benefits were already issued
- SNAP benefits for November will be issued once federal funding is restored
- DHS remains open and will continue to process cases as usual during the federal shutdown - including processing of applications and recertifications for all benefit programs.

What Can I Do Right Now

- Check your EBT card balance before you shop
Call 1-888-979-9939; visit ebtedge.com
- Open all mail from DHS right away
Respond to requests for documents as soon as possible to avoid delays when funding is restored.
- Log into your Customer Portal account
Respond to requests for documents as soon as possible via DHS drop boxes, the portal (healthyrhode.ri.gov), or mobile app.



Community Food Resources Are Available

For help finding local food pantries, meal sites, and other support near you.

- Call United Way at 2-1-1
- Visit the RI Food Bank website at rifoodbank.org

Stay informed

DHS will post official updates on dhs.ri.gov and @RIDHS Facebook and X social media channels.

SNAPSupport.RI.GOV



WE NEED YOUR HELP!



Tri-Town Drive to benefit RICAN

Now more than ever, our local food pantry needs our help! The Towns of Charlestown, Richmond and Hopkinton are coming together and asking our community for help to assist RICAN in the following ways:



The Best Way to help is to make a monetary donation to RICAN directly. RICAN can purchase the exact food needed at a discounted rate.



Food Donations Needed:

- Peanut butter
- Canned proteins (tuna or chicken)
- Condiments
- Seasonings
- Boxed side dishes (mac & cheese, potato flakes, etc.)
- Hot or cold cereals
- Sugar/Flour
- Soups
- Broths or bases



Shopping the RICAN Thrift Store. Every dollar spent in the Thrift Store goes to directly benefit the Food Pantry.

Donations can be made directly to RICAN

Drop off days/times: Monday-Friday 9am - 2pm
A donation bin open 24/7 located outside the RICAN garage door

WWW.RHODEISLANDCAN.ORG



We'd love to hear from you!



RICHMOND Transportation SURVEY

SCAN HERE

OR USE THE LINK BELOW TO VIEW AND
COMPLETE THIS SURVEY.

[HTTPS://FORMS.GLE/P48HWLINQB9MPTAZ6](https://forms.gle/P48HWLINQB9MPTAZ6)

(For a paper copy, please contact the Human
Services Department at 401-491-9824)



The Richmond Human Services Department and the Richmond Wellness Committee have put together a Transportation Needs Survey. If you are a Richmond resident, we are asking you to complete a survey and provide your feedback and opinions on transportation needs in our community. This survey should only take 5-10 minutes of your time. It is an anonymous survey, however, upon completion you will have the option to be included in a drawing for a \$25 Stop N' Shop Gift Card. We appreciate your time and feedback on this important community topic!

Day Trip to NEWPORT

We recently had a lovely drive and day trip to Newport in a dually sponsored community event with the Richmond Human Service Department and the Senior Center! 35 community members took advantage of this program which included transportation to the Newport Playhouse for a breakfast buffet and the show, Aging Disgracefully. The show was full of relatable moments, belly laughs and fun! We hope to be able to offer more discounted trips like this one in the future!



JOIN US

If you are 50yrs or older don't miss out on this Town of Richmond planned community day trip to The Newport Playhouse to see Aging Disgracefully. All older adults welcome! **Each ticket will cost \$35.00!** The cost will include a Charter Bus ride to Newport Playhouse and tickets that include a brunch buffet and show!



Sunday
October 26th, 2025



9:45am - 2:00pm



Pick-up in the Chariho Plaza parking lot

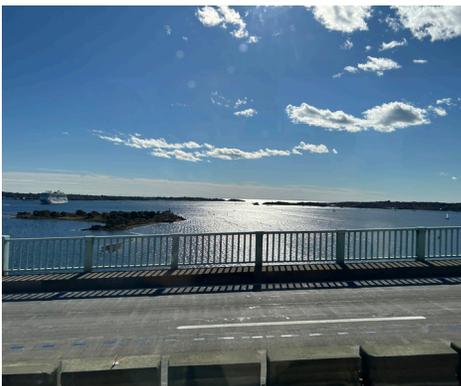
Don't miss out on this great opportunity!

To reserve your spot or for questions:

Please bring a \$35.00 check to the Richmond Senior Center or contact Dennis at 401-491-9404.

Spots will be reserved on a **First come, First Serve** basis.

Sponsored by the Richmond Human Services Department & Senior Center with the assistance of grant funds.



November

Town of Richmond Community Events

Every Tuesday

Paint Class

All Older Adults Welcome!
Class includes a teacher for instructions who teaches for all levels of students. All levels are taught by teaching principles and elements of design. Please bring your own supplies and a medium of your choice.

Contact

Lauriegavitt51@gmail.com or
Dennis 401-491-9404 at the
Senior Center for more info
Hosted by: Richmond Senior

Activities Committee

10:00am - 12:00pm

Richmond Senior Center

Every Wednesday

Community Bingo

All Welcome!
We're looking forward to re-starting this relaxed, welcoming, multigenerational fun. Come meet, chat and play bingo with fellow community members! This program is led by the adult students in the EWG Transitional Program.

Hosted by: Richmond Human
Services, Exeter Social
Services, Wellbeing
Collaborative and students
from the EWG Transitional
Program

10:00am - 11:30am

YMCA

11/11

Veterans Appreciation Luncheon

All Welcome!
Come join our community to share time and a meal in honor of our Veterans. Sandwiches and beverages will be served.

Hosted by: Richmond Senior
Center

12:00pm - 3:00pm

Richmond Senior Center
For more information, please
contact Dennis at
401-491-9404



Tuesdays:

11/18, 11/25, 12/2, 12/9

Ageless Grace

What is Ageless Grace®?
It's a fun and engaging brain-body fitness program that uses 21 simple tools to support your mind and body! This is a 4wk consecutive class.

1:00pm - 2:00pm

Richmond Senior Center

Registration required

To reserve a spot please contact
Dennis at

401-491-9404



Support

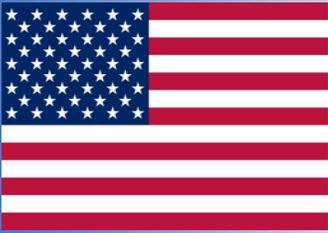
If you are looking for a little extra support in the coming months, please reach out to the Richmond Human Services Department. We are here to listen, connect to resources and support our residents.

Hours:

Tuesday, Wednesday, Thursday
9am - 3pm
401-491-9824

humanservices@richmondri.com

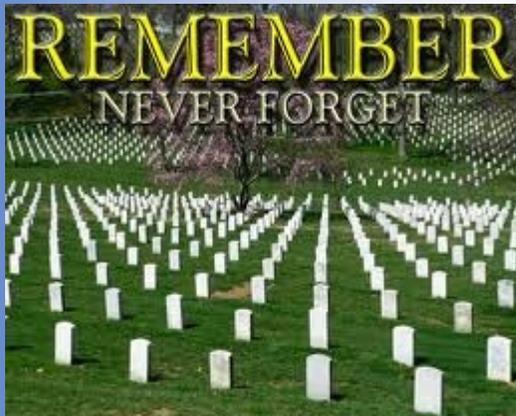




God Bless Our Veterans
Veterans Appreciation Luncheon
Free & Open to All



The Richmond Senior Center will honor all Veterans
 with an open house - Tuesday
 November 11, 2025 from 12:00 pm to 3:00 pm
 Richmond Senior Center—1168 Main Street, Wyoming, RI
 Above Richmond Police Dept.—Elevator in rear



Stop by and see our Flag display of all Services.
 Picture display of our Veterans Past and Present
 Share a prayer at our Missing Man Table.
 Information booth—U.S. Dept. of Veterans Affairs
 Refreshments will be served

GOD BLESS AMERICA

Home of the Brave

Land of the Free



Community Bingo

Wednesdays starting late Sept/early Oct.

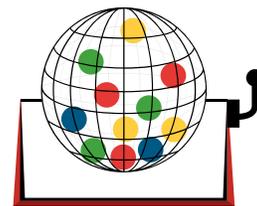
10:00 - 11:30 am

**Play bingo & socialize
in a casual, welcoming environment**

**Games led by the young adult students in the
EWG Transition Program.**



1190 Main St
Wyoming, RI



Questions? Contact Amy Neilson, amy@wellbeingcollab.org, 401-212-2741

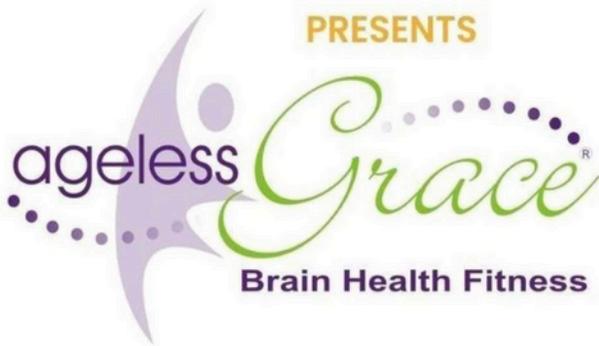
**Presented in partnership with
Exeter Dept of Social Services, Richmond Dept of Human Services,
Exeter-West Greenwich Transition Program & the Wellbeing Collaborative**

For more information visit:
agelessgrace.com



WOOD RIVER HEALTH
Caring for Our Community Since 1976

PRESENTS



It's never too late to begin. It's never too early to start.™

**November 18 & 25 and
December 2 & 9 at 1:00 pm**

Richmond Senior Center
1168 Main Street – 2nd Floor
Wyoming, RI 02898



ABOUT THE INSTRUCTOR

Kara Marziali has been a Certified Ageless Grace® Educator since 2017. She also teaches theatre, dramatic literature, and art to adult learners, and she serves as the artist in residence at Wood River Health. Kara is at her best when she's engaged in creative endeavors including performing, writing, painting, singing dancing, playing, and sharing joy with others.

**CONTACT CHRISTINE KING TO SIGN UP
FOR ONE OR ALL THE SESSIONS**

 401-539-2461

 christine.king@woodriverhealth.org



HOPE VALLEY-WYOMING FIRE DISTRICT



Senior Advocates - Ron Mowchan & Bill Day

November 2025

A reminder: Daylight Saving Time ends on November 3rd at 2 AM. Reminder to turn your clocks back one hour. Use that extra hour to change your batteries in your smoke detectors and other alarms.

Hunting season is in full swing in Rhode Island. Until February 28th, state law dictates you are required to wear 500 inches of fluorescent orange while in the woods. If you are a hunter, it is mandatory to take the RI DEM State safety course.

Old Man Winter is fast approaching. Well, maybe a little slow, after all, he is a "senior". The heating season is beginning. Remember to check your pellet stove for smooth feed operation. A blocked chute can be a serious problem. If you are using a woodstove, make sure your chimney is cleaned.

Built-up creosote can result in a chimney fire. If you suspect that you have a fire, call 911 immediately.

For some reason, it seems like our "to-do" list for October and November never ends. Some of the things we need to do are:

1. Make sure your home is properly addressed. The number should be visible from the street.
2. If you have a generator, ensure it has been maintained and operated correctly. Always store fuel outside of the house. Never run a generator inside the house or a place where exhaust can be drawn into the house.
3. A lot of yard work still needs to be done. Only do what you feel you can. If you need help, call someone. Dress for the weather. Keep hydrated. If you have any medical issues, call 911, not your neighbor.
4. Inside your house, things to check include loose carpeting, stair treads, and extension cords that can trip. Handrails for security. Bathroom grab rails, loose rugs can be hazards. Improperly placed furniture near heating devices should be checked and moved if necessary.
5. Driving habits should be reviewed with the change in time, as it will be darker earlier in the evening. Use extra caution after dark. Wear lighter colored clothing if you take evening walks. Always carry your cell phone and be cautious of wayward drivers.

National Fire Prevention reports that Thanksgiving is the most dangerous day for house fires. The report shows an average of 5 deaths, 60 injuries, and more than 15 million in property damage each year. If you are using a turkey fryer, use it outside. Ensure it is set up on a level site. Never set it up inside a garage or on a deck. Never leave it unattended. Keep an ABC Fire Extinguisher nearby.

NEVER USE WATER!

Cooking in the kitchen can also be dangerous. Keep children out of the kitchen if possible. Keep combustibles away from the stove. Use caution when handling hot pots. If you have a kitchen fire, call 911. Get out and stay out!

Due to the change in weather and the time, depression, stress, and other mental health issues can surface. Call your primary care physician, behavioral health (401-414-5465), or the suicide hotline (988) if you need help.

Dates to remember:

November - Cancer Awareness and American Diabetes Month!

November 7th - National Cancer Awareness Day

November 10th - US Marine Corps Day 1775, congratulations Jarheads

November 11th - Veterans Day: Thank a veteran

Thought for the month:

You're only old when you've been there, done that, but don't remember what that was.

Have a safe and stress-free November!

We're here for you.



Need help?
401-364-9412 x3 | rhodeislandcan.org

Community Resources Office

Supporting our community with:

- | | |
|------------------------|---|
| Food Pantry | Housing & Utilities Expenses |
| Local Resources | Weekly Meals for Children |
| Resume Building | Health & Hygiene Supplies |
| Pet Food & Supplies | Critical Household Needs |



Contact us at **401-377-8069 option 1** or communityresources@jonnycake.org

More Resources:

[Getting Help While SNAP Benefits Are on Hold | RI Department of Human Services](#)

[Shutdown - United Way of Rhode Island](#)

[SNAP Shutdown - Rhode Island AFL-CIO](#)

7th Annual Family Caregiver Alliance of RI Conference and Resource Fair

Friday, November 14, 9 a.m. - 12:30 p.m.

Saturday, November 15, 9 a.m. - 2 p.m.

RISD Washington Place Auditorium

20 Washington Place, Providence (Accessible entrance with ramp at 60 North Main Street)

Free parking, light breakfast and lunch for registered attendees

Family Caregiver Alliance
of Rhode Island



Join United Way of Rhode Island for the 7th Annual Family Caregiver Alliance of RI Conference and Resource Fair. This year's theme is: "Together in Care: Stories, Strength, and Support". Free parking, light breakfast and lunch will be available for registered attendees. To learn more and register, please visit Family Caregiver Alliance Conference Registration

can we talk™

Community Conversations
on Trauma & Healing

Join Us
Every 3rd Tuesday
for a space to gather, to heal,
to be in community.

All Are Welcome
Free Program
Free Meal
No Registration

5:30PM-7:00PM
The Granite Theatre
1 Granite Street, Westerly, RI 02891

Can We Talk...® is a community-based, artistically infused, and clinically supported program that offers a safe space for sharing and healing. We all have a story, and your story matters. Whether you've experienced loss, stress, change, or just want to connect more deeply with others, **you are welcome here.**

Need a lift? Call 401.491.9154 a week before the event.

Learn more at WoodRiverHealth.org/CanWeTalk



RHODE ISLAND STATEWIDE HOME REPAIR PROGRAM:

APPLICATIONS WILL BE OPEN ON **NOVEMBER 15, 2025 AT 9AM**

Providence Revolving Fund is administering a home repair program for income-qualified properties in Rhode Island. Participating homeowners will receive forgivable loans that cover the costs of necessary repairs.

The loan is forgiven using a 5-year lien on the property for the value of the performed repairs. 20% of the loan value is forgiven each year as long as the home is not sold, refinanced, or otherwise transferred.

Forgivable loans will be available for single family and 2-4 unit properties primarily occupied by households at or below 80% of the Area Median Income. Properties do not need to be owner-occupied.

Providence Revolving Fund handles cost estimation, contractor bidding, and construction management. Owners will never be asked to pay contractors directly.

FUNDS CAN BE USED FOR :

ELECTRICAL

HEATING

ENERGY EFFICIENCY IMPROVEMENTS

ACCESSIBILITY IMPROVEMENTS

ROOFING REPAIR/REPLACEMENT

LEAD HAZARD REDUCTION

HEALTH HOUSING REPAIRS

PLUMBING IMPROVEMENTS

&

OTHER MAJOR BUILDING COMPONENTS

Eligibility Checklist

Property has 1-4 units

Majority* of households have incomes of 80% AMI or less

Mortgage is up to date

Property taxes are paid

Repairs are necessary

*1 of 2 units, 2 of 3 units, or 3 of 4 units.

Click here for more information: [Home Repair Loans | Rhode Island](#)



NEED HELP

ACCESSING HOUSING, SUPPORTIVE SERVICES, AND EMERGENCY SHELTER?

COMMUNITY CARE ALLIANCE

Address: 245 Main Street, Woonsocket
Hours: 9am-3pm Monday-Friday
Closest Bus Line: #54
Email: CCA.shelter@communitycareri.org
Phone: 401-445-4237

CROSSROADS

Address: 160 Broad St, Providence
Hours: 8:30am-4:30pm Monday-Friday
Closest Bus Line: R line, #20
Email: HPS@crossroadsri.org
Phone: 401-865-6215

NEWPORT MENTAL HEALTH

Address: 42 Valley Rd, Middletown
Hours: Monday & Friday, 8am-4:30pm
Tuesday & Thursday 8am-7pm
Closest bus line: #60
Email: RAP@newportmh.org
Phone: 401-846-1213 Ext. 9105

OPENDOORS

Address: 1139 Main Street, Pawtucket
Hours: 9am-3pm Monday-Friday
Closest bus line: R line
Email: help@opendoorsri.org
Phone: 401-214-5542

WARM

Address: 56 Spruce St, Westerly
Hours: 7am-10pm Monday-Friday
Closest bus line: 95x
Email: info@warmcenter.org
Phone: 401-596-WARM (9276)

SOJOURNER HOUSE

Fleeing Domestic Violence

Address: 1570 Westminster St, Providence
Hours: 9am-5pm Monday-Friday
Closest bus line: #19, #27
Email: care@sojournerri.org
Phone: 401-765-3232

HOUSE OF HOPE

Mobile Regional Access Point



8:30-11:00am
McDonald's
59 Central Street, Providence



8:30-11:00am
Project Weber/Renew
124 Broad Street, Pawtucket



9:00am-12:00pm
Thundermist Health Center
450 Clinton St, Woonsocket



9:00am-12:00 pm
Thundermist Health Center
186 Providence St, West Warwick



9:30-11:00am
Cranston Street Armory
123 Dexter St, Providence

All Assistance

Wellbeing Collaborative - Click the link below for a downloadable resource guide for South County. From mental health to community resources this is a great guide for all local resources.

Website: [Community Resource Guide](#)

211 - By dialing 211 from your Phone you can reach free, confidential resource information service. Your call is answered by a trained professional. One call connects you with the appropriate resources you need in your community. It is efficient, fast, and easy to use. 211 is available 24 hours a day, 7 days a week, 365 days a year. Translation services available in many languages.

Housing

RI Regional Access Points (RAP): If you find yourself in need of “Emergency Housing”, are you currently homeless or facing homelessness, the first step should be to contact the nearest RAP . They will assist in finding an appropriate shelter and provide case management services for permanent housing.

Web: <https://rihomeless.org/ces/>

WARM Center: WARM is the only provider of comprehensive shelter and social services to adult men and women in South County, RI & Southeastern, CT

401-596-9276

Web: <https://warmcenter.org>

Rhode Island Housing Phone: RI Housing works to ensure that all people who live in Rhode Island can afford a healthy home that meets their needs. They offer information on affordable housing, homebuyer education, rental and mortgage assistance programs. 401-457-1234

Web: www.rihousing.com

Food

RICAN - Offers programs year-round to give you the support and resources you need to get back on your feet. Guests can visit our food pantry once a week & may also have access to free clothing items. Pantry hours are as follows:

Wednesday

9:30am – 11:30am - Drive Thru Only

5:30pm – 6:30pm - Drive Thru Only

Thursday

9:30am – 11:30am - In-Store Shopping Only

Friday

2:00pm – 3:00pm - Drive Thru Only

For more information please contact:

401-364-9412

<https://www.rhodeislandcan.org/>

Pantry on the Lane - The Pantry on the Lane is a food assistance program serving anyone in need in the Southern R.I. are- no questions asked. They are located at 70 Bowling Lane, Bradford, RI and are open on Saturdays from 8am - 12pm. For more information call 401-465-7745.

The Jonnycake Center of Westerly - The Jonnycake Center of Westerly is proud to offer a client-choice service model for its Food Pantry. Every 30 days clients have the option to come to our Pantry and select food for themselves (with the optional assistance of a Pantry volunteer).

Qualified residents may receive a one-week supply of food for their household every thirty days. To sign-up contact 401-377-8069 option 1.

Web: <https://jonnycake.org>

Meals on Wheels - Our mission is to meet the nutritional and other special needs of older adults and other eligible populations in order to help them maintain their independent lifestyles. MOW offers home-delivered meals as the only nonprofit meal delivery program of its kind in Rhode Island, serving approximately 1,312 seniors daily. MOW phone number is 401-351-6700

Web: www.rimeals.org



For more information feel free to reach out to The Human Services Department:
401-491-9824

humanservices@richmondri.com

Older Adult Resources

Office of Healthy Aging (OHA): As Rhode Island's designated state unit on aging, OHA empowers older Rhode Islanders (age 55+) and adults living with disabilities to age strong. Along with many partners, OHA connect you to information and resources in the community to help.

401-462-4444

Web: <https://oha.ri.gov>

RI Elder Info: Rhode Island's central source for all information and resources regarding care for the elderly. 401-585-0509

Web: <https://rielderinfo.com>

RI Alzheimer's Association: Serving all of Rhode Island, the Alzheimer's Association Rhode Island Chapter is here to help. We provide education and support to all those facing Alzheimer's and other dementias throughout our community, including those living with the disease, caregivers, health care professionals and families.

800-272-3900

Web: www.alz.org/ri

Southern Rhode Island Volunteers'

(SRIV): SRIV's mission is to support older citizens by providing aging-in-place services for those in need, by providing meaningful volunteer engagement opportunities, and activities that promote and enhance independent living for mature individuals including seniors, disabled adults, and anyone interested in volunteer service opportunities in their community.

401-552-7661

Web: www.southernrivol.org



Crisis and Mental Health Support

Call or Text 988 - NATIONAL MENTAL HEALTH HOTLINE If you are in a crisis 24/7- you can call or text 988 on your phone and be connected with a trained counselor in Rhode Island.

988 is connected to BH LINK - BH Link is a behavioral health facility designed to provide immediate assistance to a person in crisis by providing innovative crisis intervention services, and connecting people to ongoing treatment and care.

www.bhlink.org

Kids RI - From the Executive Office of Health and Human Services, this site provides a variety of healthy developmental resources and behavioral health services for children & youth.

<https://kids.ri.gov/>

KidsLinkRI - a free, confidential, 24/7 phone line for parents and caregivers. An experienced clinician can help callers access children's services in Rhode Island and determine the best place for children's treatment and counseling.

24/7 Call: 1-855-543-5465

<https://www.brownhealth.org/centers-services/kids-link-ri>

Prevent Overdose RI - This website provides timely data to track progress toward ending Rhode Island's overdose crisis. It includes information and ways to get help.

<https://preventoverdoseri.org/>

National Alliance on Mental Health RI - Rhode Island's chapter of the National Alliance on Mental Illness, is here to help. NAMI RI meets you where you are and helps you connect with others who understand, because they've been down a similar path themselves.

401-331-3060

Web: <https://namirhodeisland.org>

Wellbeing Collaborative - Provides information on substance use and mental health. It includes information and ways to get help.

Web: www.wellbeingcollab.org